

## Valued Inspired Prepared



Name: Miley

Age: 10 Year 6

## The WOW! (what other people say about me)

Miley is a fun and engaging member of the Lower School community. She has come such a long way since starting with us at Westhaven and we are all incredibly proud of her.

Miley is learning to regulate her emotions and talk more openly about how she is feeling. She is using her Zones of Regulation Toolkit to manage her feelings in situations that are unfamiliar.

Miley will now always take part in class learning activities and will offer support to others.

Miley is kind, has a fabulous sense of humour and is growing in independence.

## My Westhaven journey

Miley started at Westhaven in September 2021, having struggled with school attendance, code of conduct and behaviour in her previous placement. At the point of joining Westhaven, Miley had only been attending alternative provision for a couple of hours per week due to her dysregulation.

For the past 2 years, Miley has been placed into a classroom with 5 other learners and received a bespoke curriculum, tailored to her individual needs. She has been flourishing under the care of her teaching team.

Miley has learnt, through the support of intervention, to be more understanding of the needs of others around her and how to interact on a socially acceptable level.

She has also been fully invested into her learning and will always give 100%. Miley is developing a greater sense of self-worth and is pushing herself to achieve more.

Most recently, Miley has been overcoming her fear of water and been learning to swim - a fantastic life-skill to master.