

### Our vision

Valued, Inspired, Prepared

### Our values

We shape our learners to be: safely independent, confident communicators, respectful citizens, resilient learners, inquisitive thinkers

Dear Parents and Carers,

9th June 2023

### Relationships and Sex education consultation (RSE)

I would like to thank you for taking the time to read the documents shared and completing the online questionnaire in relation to the school's RSE curriculum and policy. The feedback was very positive and led me to believe that Westhaven School has a robust PSHE program with good Relationships and Sex Education content.

Some parents and carers have requested additional information about the RSE curriculum, this can be found on our school website, in the PSHE subject section: <https://www.westhavenschool.org.uk/pshe/>

Some parents and carers were unaware that support in "how to talk to your child at home about sex and relationships" was available on our school website in the PSHE subject section. This document is in the form of a top ten list and has helpful links as to where you may be able to purchase good books to help support your child at home in these sensitive subjects. It also has links to useful websites for parents to refresh their own knowledge.

<https://www.westhavenschool.org.uk/wp-content/uploads/2023/06/How-to-talk-to-your-child-about-Sex-and-Relationships-at-home-symbols.pdf>

<https://www.westhavenschool.org.uk/wp-content/uploads/2023/06/How-to-talk-about-Sex-and-Relationships-at-home.pdf>

<https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/>

Key themes that parents and carers who participated in the consultation felt were the most important subjects to cover consisted of; consent, healthy relationships, and safety. These themes along with puberty are being repeated in our updated scheme of learning next September.





# Westhaven School

## A Business and Enterprise College

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I do hope you found the consultation helpful, and please feel free to speak to your child's tutor as the first point of contact if you have any further queries or concerns regarding RSE at Westhaven School.

Yours sincerely,

Tammy Chaplin  
PSHE Subject leader

