

## **16–19 Study Programme**

### **Valued – Inspired – Prepared**

*Westhaven School is a unique learning environment with high expectations for learners who experience complex barriers to learning for a range of reasons. We promote a calm environment that enables everyone to learn. The golden thread that permeates our curriculum and our conduct through every school day are the core values which shape our learners to be:*

- *safely independent*
- *confident communicators*
- *respectful citizens*
- *resilient learners*
- *inquisitive thinkers*

*The Westhaven Way is our ethos and it underpins our daily approach to behaviour and learning.*

*Please refer to the 16–19 Study Programme Guidance [16 to 19 study programmes guidance: 2023 to 2024 academic year - GOV.UK](#) and [Special educational needs and disability code of practice: 0 to 25 years for more details](#)*

16-19 Programme Guidance	Westhaven 16-19 curriculum ("W6")
All study programmes must have a core aim which is usually the component that has the largest number of planned hours	The core aim of the W6 study programme is "Preparing for Adulthood" which accounts for 38% of the planned curriculum
All study programmes should include work experience and non-qualification activities	The curriculum in W6 comprises sessions working towards qualifications, non-qualification activities and work experience

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<b>Study programme principles</b>	
Study programmes should be individually tailored but will typically combine the elements below:	
English and maths where students have not yet achieved a GCSE grade 4	All learners study English and Maths in W6, working towards qualifications for Entry Level or Functional Skills where appropriate
Work experience to give students the opportunity to develop their career choices and to apply their skills in real working conditions	All learners take part in work experience, either as a group or individually depending on level of independence and confidence
Other non-qualification activity to develop students' character, broader skills, attitudes and confidence, and to support progression	The W6 curriculum has a focus on Skills for Independence which includes life skills, cooking and travel training

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<b>Planned hours</b>	
Each study programme should consist of a number of planned hours which should be a minimum of 580 hours per academic year	The number of planned hours in W6 is 950 hours per academic year for year 12 learners and 900 hours per year for year 13 learners

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<b>Students with special educational needs and / or disabilities</b>	
Students with SEND may face more barriers to gaining employment than their peers. Work experience may therefore be a particularly important element of their study programme to build their skills and confidence	In W6, the Preparing for Adulthood curriculum (Working Skills, Enterprise, Employee Encounters, Skills for Independence and Work Experience) accounts for 38% of the curriculum offer. All learners are offered the opportunity to take part in work experience
Exceptionally, for students with severe and / or complex needs, a study programme to develop independent living skills may be appropriate. The student’s EHC plan should confirm that independent living is their primary aim	All learners at Westhaven have an EHCP which confirms that independent living is one of their primary aims. To support with this, learners follow the ASDAN Personal and Social Development course which includes units on: preparation for work, personal safety in the home and community; managing my own money and healthy living
<p>Education and training should include help for students who need it to develop skills which will prepare them for work such as:</p> <ul style="list-style-type: none"> <li>● Communication and social skills</li> <li>● Using assistive technology</li> <li>● Independent travel training</li> </ul>	In W6, there is an emphasis on communication and social skills. Learners and staff eat together every day to encourage and improve social skills. Termly social events, led by the learners, (such as bowling, karaoke and visits to restaurants) are planned to further encourage social interaction and all learners are offered the opportunity to take part in an activity-based residential trip. Travel training is an important part of the curriculum and learners are taught how to use assistive technology (if appropriate) in IT sessions

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<b>Students who are not yet ready for Level 2 qualifications</b>	
<p>Students who are not yet ready to begin a qualification at Level 2 should be offered a tailored study programme that support them to progress to education at a higher level, employment, or prepare them for adult life</p>	<p>Our learners in W6 who are not ready to begin Level 2 qualifications are Instead offered a bespoke curriculum which covers:</p> <ul style="list-style-type: none"> <li>● Maths, English, IT, PE and PSHE</li> <li>● ASDAN Personal and Social Development</li> <li>● Skills for Independence (including food preparation and travel training)</li> <li>● Pathway to Employment (Working Skills, Employee Encounters, Enterprise and Work Experience)</li> </ul>
<p>Pastoral and specialist support should be in place to ensure students engage and make progress</p>	<p>All learners in W6 have full access to the school's pastoral and therapy team alongside their own key worker for daily check-ins</p>

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<b>Delivering study programme</b>	
<p>We strongly expect on-site education to be the norm for the large majority of the 16-19 curriculum. Where young people have EHC plans, providers should consider the need to provide a full package of provision that covers five days a week, where that is appropriate to meet the young person's needs</p>	<p>All of our learners are offered a full-time, in person curriculum. This includes physical activities in the community for health and opportunities to practise safety and meet EHCP outcomes</p>

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<b>Sexual and Reproductive Health</b>	
<p>Providers should support students in accessing the information and support they need to have positive relationships</p>	<p>All learners in W6 follow a weekly PSHE programme which follows the themes of: health and wellbeing, living in the wider world and relationships. Learners have two full terms with a specific focus on relationships, covering content such as: diversity and inclusion, intimate relationships, respectful relationships and building and maintaining relationships. All learners undertake weekly KIS (Keeping it safe lessons).</p>

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<b>Youth social action</b>	
<p>Providers are encouraged to incorporate youth social action (such as volunteering, campaigning and fundraising) into study programmes alongside other work experience</p>	<p>All learners will have the opportunity to take part in a fundraising event once a year in school. This is likely to include a sponsored activity. The ASDAN qualification incorporates a community project.</p>

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<b>Other non-qualification activity</b>	
<p>All students are expected to take part in other meaningful non-qualification activities alongside work experience, which should take account of their needs and future plans. For example:</p> <ul style="list-style-type: none"> <li>● Activities which develop confidence, character and resilience</li> <li>● Group work which develops skills in team work, communication, problem solving and leadership</li> <li>● Careers education</li> </ul>	<p>Our learners in W6 are offered a curriculum which covers:</p> <ul style="list-style-type: none"> <li>● Maths, English, IT, PE and PSHE</li> <li>● ASDAN Personal and Social Development (including units on: preparation for work, personal safety in the home and community; managing my own money and healthy living)</li> <li>● Skills for Independence (including food preparation and travel training). In addition to this a residential is offered to learners whilst on the course.</li> </ul>

- Life skills (including how to travel independently; how to cook and eat healthy, staying safe, personal finance)

- Pathway to Employment (Working Skills, Employee Encounters, Enterprise and Work Experience)

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<b>Careers guidance for young people</b>	
All programmes must focus on progression to the next stage of education or employment	In W6, we focus on preparing our learners for the next step of their journey. We support transitions by arranging visits to post-18 providers and organising link programme courses
Post 16 providers are required to secure access to independent careers guidance up to the age of 18 (and for 19 - 25 year olds with EHC plans)	All learners in W6 have access to our independent careers advisor. During their 1-1 sessions, learners discuss progression to their next stage of employment / education and take part in discussions about their needs and aspirations
Young people should be supported to participate in discussions about their aspirations and needs. Support should be aimed at promoting student independence	In W6, promoting learner independence is at the heart of everything we do. Examples include: travel training; improving reading skills; life skills such as ironing, cooking and cleaning and promoting learners' style through clothes and toiletry shopping. In addition to this they attend swimming lessons and learn about water confidence.

**Westhaven School Preparing for Adulthood Study Programme - qualification offer (35% of curriculum offer)**

<b>Qualification subject (and qualifications offered)</b>	<b>Planned hours per week</b>	<b>Core aim?</b>
English (AQA Step Up to English Silver / Gold or AQA Functional Skills)	3.75 hours	No
Maths (AQA Maths Entry Level or AQA Functional Skills)	3 hours	No
ASDAN Personal and Social Development Entry Level 1	3 hours	No
<b>Year 12 qualification offer total (38 weeks per year)</b>	<b>370.5 hours</b>	
<b>Year 13 qualification offer total (36 weeks per year)</b>	<b>351 hours</b>	

**Westhaven School Preparing for Adulthood Study Programme - non-qualification offer (65% of curriculum offer)**

<b>Non-qualification subject</b>	<b>Planned hours per week</b>	<b>Core aim?</b>
PSHE (including SMSC, Keeping it Safe, check-ins, mindfulness and drama)	3.75 hours	No
PE (including swimming)	2.75 hours	No
Lunch preparation	1 hour	No
Prepare for Adulthood (Working skills / Employee encounters / Work Experience / Skills for independence / Travel training / IT / EHCP / College Link / Reading, Handwriting, SPaG)	10.75 hours	Yes
<b>Year 12 non-qualification offer total (38 weeks per year)</b>	<b>693.5 hours</b>	
<b>Year 13 non-qualification offer total (36 weeks per year)</b>	<b>657 hours</b>	

