

**Our vision**

Valued, Inspired, Prepared

**Our values**We shape our learners to be: safely independent, confident communicators, respectful citizens,  
resilient learners, inquisitive thinkers

Dear Parents and Carers,

May, 2025

**Relationships and Sex education consultation (RSE)**

Westhaven School will be starting their consultation process to update and review the Relationships and Sex Education (RSE) policy. As part of this, parents, learners, staff and governors, will be consulted. All information provided will help our school to shape our policy to ensure that it reflects our school community.

The scheme of work we follow for key stages 1- 4 accompanies the 2020 edition of the PSHE Association Programme of Study for PSHE education and is fully aligned with the Statutory Guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education from the Department for Education (DfE). We have mapped the content grids from this statutory guidance and adapted learning outcomes appropriately in cases where statutory content may not be accessible for learners with SEND.

The PSHE programme follows six themes, one covered each term across the whole school, however with clear progression in the topic areas covered. RSE content is populated throughout the year, according to relevant themes, and was praised highly in our recent Ofsted visit.

During the last consultation key themes that parents and carers who participated in the consultation felt were the most important subjects to cover consisted of; consent, healthy relationships, and safety. These themes along with puberty were all added into our scheme of learning on a repeat cycle in term 6. The introduction of this has been extremely beneficial for our learners.

I would be most grateful if you can take the time to read through the following documents and then complete the online form, your feedback is incredibly valuable:

**Relationships and Sex Education (RSE) Policy****PSHE Scheme of learning for KS1 and KS2**

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All documents can be accessed via our website, with the following link:

<https://www.westhavenschool.org.uk/rse-policy-consultation/>

Please note that RSE is not statutory in KS5, however Westhaven delivers this curriculum as we feel it benefits our learners.

Please follow the link below to complete the online questionnaire form –

<https://forms.gle/KPqwhBb4pzdLqdsY8>

If you would rather have a paper copy of the consultation, please request a copy to be sent home via the school office. The consultation closes on Tuesday 10th June.

Thank you for taking the time to support the school with this request.

Yours sincerely,

Tammy Chaplin  
PSHE Subject leader