

Week commencing 05/01, 26/01, 23/02, 16/03, 20/04, 11/05

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main course (Meat)	Macaroni Cheese*	Chinese Chicken Curry*	Gammon*	Pasta Carbonara*	G/F Fish Fingers*
Allergens	D, G			G, D	F, G
Main Course (Vegetarian)		Creamy Halloumi & Tomato Curry*			
Allergens		D			
Served with			Roast Potato		Chips
Allergens					
Sides	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas
Sides					Baked beans
Alternative light bites	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg, Ham, Salad, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg, Ham, Salad, Tuna, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg, Ham, Salad, Tuna, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg, Ham, Salad, Tuna, Salmon, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg ,Ham, Salad
Allergens	D, G, E,	D, G, E, F	D, G, E, F	D, G, E, F	D, G, E
Pudding	Alpro / Squeezy Jelly	Alpro / Squeezy Jelly	Jelly & Fruit*/ Alpro/ Squeezy Jelly	Alpro / Squeezy Jelly	Ice Cream*
Allergen	G, D	G, D, E		G, D	D
Pudding	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit
Allergens	D	D	D	D	D
Allergens meaning	(E) Egg, (C) Celery, (SO) Soy, (M) Mustard, (S) Sulphites, (G) Gluten, (D) Dairy, (F) Fish, (CR) Crustaceans				

*Please note, all starred items will have a similar or identical GF sub

Week commencing: 12/01, 02/02, 02/03, 23/03, 27/04, 18/05

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main course (Meat)	Cheese & Tomato Pizza*	Chorizo Chilli Pasta*		Chicken Korma*	G/F Chicken Nuggets*
Allergens	G, D	G			G, D, SO
Main Course (Vegetarian)					
Allergens					
Served with			Roast Potatoes	Rice	Chips
Allergens					
Sides	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas
Sides					Baked beans
Alternative light bite	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg, Ham, Salad, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg, Ham, Salad, Tuna, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg, Ham, Salad, Tuna, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg, Ham, Salad, Tuna, Salmon, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg, Ham, Salad
Allergens	D, E, G	D, E, G, F	D, E, G, F	D, E, G, F	D, G, E
Pudding	Alpro / Squeezy Jelly	Alpro / Squeezy Jelly	Chocolate Mousse & Peaches	Alpro / Squeezy Jelly	Ice Cream*
Allergens	D, G	D, G, E	D	D, G, E	D
Pudding	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit
Allergens	D	D	D	D	D
Allergens meaning	(E) Egg, (C) Celery, (SO) Soy, (M) Mustard, (S) Sulphites, (G) Gluten, (D) Dairy, (F) Fish, (CR) Crustaceans				

*Please note, all starred items will have a similar or identical GF substitute.

Week commencing: 19/01, 09/02, 09/03, 30/03, 04/05

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main course (Meat)	Cheesy Beans Loaded Potato Skins*	Mince Pasta Bake*	Pork*	Butter Chicken Curry*	G/F Sausages*
Allergens	D	G		D	
Main Course (Vegetarian)	Cheesy Broccoli Loaded Potato Skins*		Broccoli & Cauliflower Cheese*		
Allergens	D		D		
Served with			Roast Potatoes	Rice	Chips
Allergens					
Sides	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas
Sides					Baked beans
Alternative light bite	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg, Ham, Salad, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg OR Ham, Salad, Tuna, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg OR Ham, Salad, Tuna, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg OR Ham, Salad, Tuna, Salmon, Tomato Pasta*	Jacket Potato/ GF Roll with Cheese, Baked Beans, Egg OR Ham, Salad
Allergens	D, G, E	D, G, E, F	D, G, E, F	D, G, E, F	D, G
Puddings	Alpro / Squeezy Jelly	Alpro / Squeezy Jelly	Alpro / Squeezy Jelly	Alpro / Squeezy Jelly	Ice Cream*
Allergens	D, G	D, G, E	D, G, E	D, G	D
Pudding	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit	Low fat mixed Fruit Yoghurt or Fresh Fruit
Allergens	D	D	D	D	D
Allergens meaning	(E) Egg, (C) Celery, (SO) Soy, (M) Mustard, (S) Sulphites, (G) Gluten, (D) Dairy, (F) Fish, (CR) Crustaceans				

*Please note, all starred items will have a similar or identical GF substitute.